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QUESTIONS TO

Combat Your Critics

When you put yourself out there and start going after your dreams, critics are bound to pop up. Unfortunately, they come with the territory.

The best way to dull their blow is to focus on building your passion and your purpose to be stronger than your fears. To do that, find a quiet spot and thoroughly answer the following questions.

1 **WHY DID I START THIS PROJECT OR NEW PATH?**

2 **HOW WILL SUCCEEDING WITH THIS PROJECT OR PATH HELP ME IN THE LONG RUN?**

3 **WHAT WILL I LOSE OUT ON IF I LET MY CRITICS STOP ME?**

4

WHO ARE THE PEOPLE IN MY LIFE THAT
CONSISTENTLY LIFT ME UP AND SUPPORT MY
GOALS?

Now put this somewhere visible and read it **EVERY** damn day.